

# RIASE

REVISTA IBERO-AMERICANA DE SAÚDE E ENVELHECIMENTO  
REVISTA IBERO-AMERICANA DE SALUD Y ENVEJECIMIENTO

## EDITORIAL

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In this issue of RIASE, with eight research articles, we intend to focus on the methodological choices that are presented. Naturally, the chosen methodology intends to respond to the objectives outlined - it comprehends in a broad sense a wide range of methods, techniques, processes. As some people consider, the methodology does not seek the answers but chooses the ways to find them; forms and ways of providing data.

Let us see that the articles that are presented explicitly resort to several methodologies:

- method of narrative analysis through ideographic explicitation [*Feeding in a Portuguese Pregnant Women. Case Study Applying ICNP*]
- descriptive study using specific legislation, official websites and sources on rehabilitation, nursing and rehabilitation nursing [*Rehabilitation nursing and the accessibility of the person with disability*];
- action-research study where data collection was done through documentary research, direct observation, informal conversations, semi-structured interviews [*Promotion of Mental Health and Social Inclusion in the Elderly through Social Education*];
- review of the literature with a search in the electronic databases CINAHL Plus with full text and Medline with full text, in the EBSCOhost platform [*Nurse's Role in Success for Breastfeeding: Literature Review*];
- literature review with articles researched in selected databases, on the b-On and EBSCOhost platforms [*Freedom of Movement and Positions in the First Stage of Labor*];
- synthesis of the available evidence on the different applications of the Multidimensional Assessment of Interoceptive Awareness (MAIA), in which the data were extracted according to previously defined instruments, presented in a flow diagram according to the PRISMA Statement [*Applications of Multidimensional Assessment of Interoceptive Awareness (MAIA): systematic review*];
- evaluation of the impact of the application of a Cognitive Stimulation Program on maintaining or improving the cognitive function of the elderly at the levels of orientation, memory, calculation and language as well as complementary measures of the impact of the intervention program [*Effect of a Cognitive Stimulation Program in maintaining or improving the cognitive function of institutionalized elderly*];
- Grounded Theory (GT) as methodology; data were collected through participant observation and interviews; as a result, a medium-range theory - Promotion and Preservation of Dignity in Homes for the Elderly: The Conservation of the Self [*Self Conservation Trajectory in Nursing Homes*].

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Methodologies are an integral and meaningful part of all scientific activity (Kerlinger, 1980) and, in good faith, it is especially relevant that authors are explicit and ground the methodological options and the heuristic processes of the studies. Similarly, it is recommended that readers pay special attention to methodologies, as foundations of scientific production processes.

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